

Recovery Principles:

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable. **Step 1**

"Happy are those who know that they are spiritually poor." Matthew 5:3

Earnestly believe that God exists, that I matter to Him and that He has the power to help me recover. **Step 2**

"Happy are those who mourn, for they shall be comforted." Matthew 5:4

Consciously choose to commit all my life and will to Christ's care and control. **Step 3**

"Happy are the meek." Matthew 5:5

Openly examine and confess my faults to myself, to God, and to someone I trust.

Steps 4 and 5

"Happy are the pure in heart." Matthew 5:8

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects. **Steps 6 and 7**

"Happy are those whose greatest desire is to do what God requires." Matthew 5:6

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others when possible, except when to do so would harm them or others.

Steps 8 and 9

"Happy are the merciful." Matthew 5:7 and

"Happy are the peacemakers." Matthew 5:9

Reserve a time with God for self-examination, Bible reading, and prayer in order to know God and His will for my life and to gain the power to follow His will. **Steps 10 and 11**

Yield myself to God to be used to bring this Good News to others, both by my example and my words. **Step 12**

"Happy are those who are persecuted because they do what God requires." Matthew 5:10

Celebrate Recovery is for anyone who:

- Finds themselves returning to harmful patterns or habits in their lives...
- Feels like their relationships are not working the way they would like...
- Finds themselves doing what others want and regretting it later...
- Feels stuck...
- Has deep pain inside...
- Finds that they question their value...
- Finds it hard to forgive someone...
- Finds it hard to stand up for themselves...
- Finds it hard to resist a temptation... whatever it is...

At Celebrate Recovery people will find help dealing with relational problems, control issues, grief, alcoholism, drug addiction, divorce, codependency, sexual abuse, food addictions, domestic violence, and many other hurts, habits, and hang ups.



Contact Gary ArnTessoni
garntessoni@westminsterpc.org
610.399.3377 x109

or
info@celebraterecoverywpc.org

www.celebraterecoverywpc.org

CELEBRATE RECOVERY

THURSDAY NIGHTS AT 7PM



CELEBRATE RECOVERY

**A Christ Centered
Recovery Ministry**

www.celebraterecoverywpc.org

**Westminster Presbyterian
Church**

10 W. Pleasant Grove Road
West Chester, PA 19382

610.399.3377 x109

THE PURPOSE OF CELEBRATE RECOVERY —

What is Celebrate Recovery?

Celebrate Recovery is a Christ Centered ministry where people can find God's healing and strength to face and move beyond their hurts, habits, or hang ups. This ministry is for anyone struggling with past or current dysfunctions or compulsions, whether they are affecting their own life or the lives of those around them.

At CR you will find a community of people working their way along the road to recovery sharing their lives, experiences, hopes and fears with one another and finding God's grace and forgiveness in solving their problems.

The recovery principles and 12 steps provide a path for Spiritual Growth and freedom from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy and a stronger relationship with God and with other people.

"My grace is enough for you..."
2 Corinthians 12

How do I get involved?

Celebrate Recovery runs year round and includes various activities almost every week. You choose which activities meet your lifestyle and recovery needs.

Large Group Meetings: Every meeting typically involves a worship component, a lesson or testimony and small group discussions. The meeting is followed by our CR Café, an opportunity to be in community and connect with others traveling along the road to recovery.

Newcomer Orientation: If you are new to CR and want a bit more information, we invite you to come during one of our large group meetings which always offers a Newcomer Orientation. Come find out what it is all about and have your questions answered.

Step Groups: Want more in-depth time with the CR concepts? Then consider joining a Step Group. Step Groups are small groups that meet every week to work through the CR 12 steps. The program leverages the CR participant hand-books and runs for one year. A \$25 fee covers the cost of the hand-books. Step Groups begin periodically throughout the year. For more information, please contact Gary ArnTessoni.

More information on Celebrate Recovery is available at www.celebraterecoverywpc.org.

When and where does CR meet?

Celebrate Recovery at Westminster Presbyterian Church

Large Group Meetings: Every Thursday at 7:00 pm; Open to everyone for Worship, lessons and open discussion groups

6:30 Doors open
7:00 Large group worship, announcements, lesson
8:00 Open discussion groups
8:30 CR Café open

Newcomer Orientation: Every Thursday at 7:00 pm; Newcomers welcome!

Step Groups: For more information on available Step Groups or to register for a Step Group, contact Gary ArnTessoni at garntessoni@westminsterpc.org or

PRAYER FOR SERENITY

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference. Living one day at a time; enjoying one moment at a time; accepting hardship as a pathway to peace; taking as Jesus did, this sinful world as it is, not as I would have it; trusting that You will make all things right if I surrender to Your will; so that I may be reasonably happy in this life and supremely happy with You forever in the next. AMEN



**CELEBRATE
RECOVERY**

