



SECOND CHAPTER

At SECOND CHAPTER, the confidentiality of all participants is key to the work of our group. What we share will be kept in strict confidence.

For more information about Westminster Presbyterian Church's SECOND CHAPTER program please contact:

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**WE'RE HERE TO HELP.
COME GROW WITH US**

ABOUT WESTMINSTER PRESBYTERIAN CHURCH

Westminster Presbyterian Church is a thriving 100+ year old congregation, in a 15 year old facility, with a 21st Century vision of being a missional church. Our 2,000 members worship in a variety of styles; our outreach is as close as next door and as far away as a clinic in Honduras. We pound nails, we hold hands, we pray fervently, and expect great things from a great God. If you haven't already met us, visit us on Sunday—and see if the Spirit invites you to join us in following Jesus!



KNOWING CHRIST
AND MAKING CHRIST KNOWN

Westminster Presbyterian Church

10 W. PLEASANT GROVE RD.
WEST CHESTER, PA 19382

TEL: (610) 399-3377

Westminster Presbyterian Church

KNOWING CHRIST
AND MAKING CHRIST KNOWN

**SECOND
CHAPTER:**

**A DIVORCE
RECOVERY
PROGRAM**



"THE MOON WILL SHINE LIKE THE SUN
AND THE SUNLIGHT WILL BE SEVEN
TIMES BRIGHTER....WHEN THE LORD
BINDS UP THE BRUISES OF HIS PEOPLE"
ISAIAH 30:26



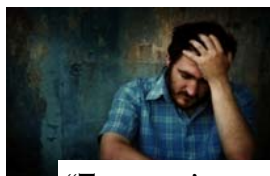
WESTMINSTER PRESBYTERIAN CHURCH
SECOND CHAPTER PROGRAM



About SECOND CHAPTER

Divorce can be one of life’s most difficult experiences to overcome. SECOND CHAPTER leaders know your pain. We have lived it and are now dedicated to helping others who are going through the same emotional trauma that we have experienced. We are committed to helping those newly separated, divorcing, and those divorced for years to heal. SECOND CHAPTER’s goal is to not only help you cope with divorce, but to grow through divorce. We use a Christian based, self-directed process with the effective support and leadership of trained volunteers.

We believe that your experience with us will provide you with educational tools to heal from divorce and to develop a renewed sense of



“THIS CAN’T BE HAPPENING”

well-being as you move forward on your journey toward recovery and rebuilding your life. We are here to walk along side you, to support and encourage you. Our program will

provide you with the right mix of information and resources for you to successfully move on to a happy, healthy and rewarding future.

Next Second Chapter Session:

Tuesday’s Oct 4 - Nov 29 7:00 - 8:30 pm

What To Expect

SECOND CHAPTER is a Christian-based, educational and supportive 9-week process. Classes are held weekly at a location that provides a safe and private environment. The process is designed to be experienced in a small group setting, typically with 6-10 participants. The program is based on *The Complete Divorce Recovery Handbook* by John P Splinter and Second Chapter. Topics covered will include the following:

- * Understanding the “grief cycle” and its impact
- * Handling the emotional roller coaster that is frequently present in divorce
- * Confronting feelings of guilt, fear and anger
- * Learning to forgive
- * Dealing with your ex-spouse
- * Responding to your children
- * Dating after divorce
- * Perspectives on divorce and remarriage
- * Communication and how to be better at it
- * Rebuilding one’s life after divorce
- * Insights and strategies on building healthy relationships in the future.



“THE WORD DIVORCE WAS NEVER IN MY VOCABULARY”

The Complete Divorce Recovery Handbook is provided as part of your participation.

SECOND CHAPTER Registration Form

If you are interested in participating in an upcoming session of SECOND CHAPTER, please complete the form below and return as indicated. A \$15 class fee to cover the purchase of the book and class materials will be collected at the first session.

Next Session: Tuesday’s Oct 4 - Nov 29 7:00 - 8:30 pm

Name _____

Address _____

City _____

State Zip _____

Contact Phone _____

Email _____

Will you need child care?

Yes No

If yes, how many children? _____

Please note that Pre-registration is required.

Please return form to:

Westminster Presbyterian Church

Attn: Ann Hatfield
10 W. Pleasant Grove Rd.
West Chester, PA 19382