

What is this program?

This is a “capstone” program for cultivating space and community with high school seniors to ground themselves in a spiritual practice, shared meals together, and pilgrimage together as they prepare to launch into their post-high school lives. The cohort will specifically explore questions around vocation* utilizing a unique personality tool called the Enneagram

**‘vocation’ (n.) - living in the world with meaning and purpose, oriented by the Sacred call to work toward a beloved community of wholeness and equity in all areas of life.*

Who is this for?

It is for **high school seniors**, whether they are pursuing college, trade school, a gap year, or going directly into the work force. It’s also meant to **support parents** in this time of transition as their relationship with their teen is shifting and changing to meet this particular season of life.

Is there a cost?

The cost per participant is **\$700** which includes resources for this program, a cohort pilgrimage retreat in the summer of 2026, and all the meals we share through the year. The remainder of the cost for the program is covered by Westminster Presbyterian. For those who cannot attend the retreat but would still like to participate in the dinners, the cost is \$120.

What am I committing to?

By joining this cohort, participants (and their parents) are committing to the following:

- Seniors and their parent(s) participating in the opening gathering
- Seniors choosing a spiritual practice to practice daily through the year
- Seniors participate in monthly meals between October 2025-March 2026 (missing no more than 2)
- Seniors participate in a cohort pilgrimage retreat July 6-12, 2026 in the Black Mountains of North Carolina

How do I join the 2025-2026 cohort?

You can sign up for the very first cohort on the church website under the “Events” tab or you can scan the QR code to sign up! Next, be sure to add the dates on the back of this flyer to your family calendar.

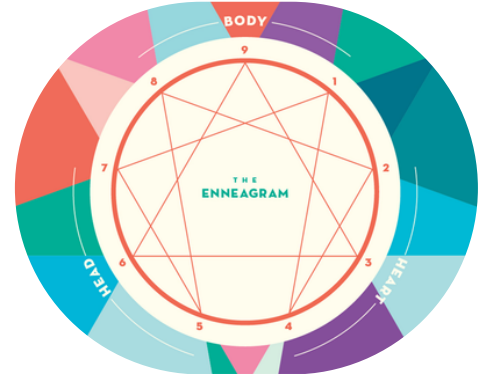




Important Dates

Sunday, September 21, 6pm

Opening gathering for cohort participants and their parents at Westminster Presbyterian, during which they will be introduced to the Enneagram; participants will discern what spiritual practice they will take up for the year from a list of provided practices; and write a simple family commitment for self-care during this final year of high school.



Oct. 12 / Nov. 9 / Dec. 14 / Jan. 11 / Feb. 8 / Mar. 8



On the second Sunday of each month at 6:30pm (between the months of October and March) the cohort will meet with adult cohort leaders for dinner as a time for check-in and supporting one another through the joys and difficulties of this final year of high school.

July 6-12, 2026

This pilgrimage retreat will include the following:

- *hiking the trails of the Black Mountains of North Carolina*
- *2 days of hands on service with organizations addressing justice issues such as food insecurity, eco-friendly farming, and those with physical disabilities*
- *contemplative practices to further explore the Enneagram*
- *cooking meals together each night*
- *recreation and relaxation (of course 😊)*



Pisgah National Forest in the Black Mountains of North Carolina