

REGISTRATION FORM

Registration ends Friday, February 27, 2026

Name _____

Address _____

Phone _____

Email _____

I'm Attending the Retreat at Westminster on...

- Friday Only (\$45/person)
- Saturday Only (\$50/person)
- Friday & Saturday (\$65/person)

Friday Dinner & Saturday Lunch

Our meals will be buffet style this year.

Do you have any dietary restrictions we should be aware of?

- Vegetarian
- Gluten Free
- No dairy
- Other _____
- I will bring my own meals

Please make checks payable to: Westminster Presbyterian Church with
2026 Women's Retreat in the memo line.

Payment Attached: \$_____



For your convenience as well as for the church staff, use QR code to register online. We look forward to your presence at the Women's Retreat!



Westminster
Presbyterian Church
10 W. Pleasant Grove Rd. West Chester, PA 19382
610.399.3377 • westminsterpc.org



HOPE-FILLED LIVING
WOMEN'S RETREAT | MARCH 13-14, 2026



MEET MARYANN MCKIBBEN DANA

Women's Retreat Speaker

The Rev. MaryAnn McKibben Dana is a writer, pastor, speaker, and ministry coach living in the Virginia suburbs of DC. She is an author of four books, *Better Than Normal* (2026), *Hope: A User's Manual*, *God, Improv, and the Art of Living*, and *Sabbath in the Suburbs*, and writes a weekly newsletter for thousands of subscribers called The Blue Room. Her writing has also appeared in multiple outlets including TIME.com and The Washington Post. She was featured on PBS's Religion and Ethics Newsweekly for her work on Sabbath and was recognized by the Presbyterian Writers Guild with the 2015-2016 David Steele Distinguished Writer Award. MaryAnn currently serves as associate pastor at Trinity Presbyterian Church in Herndon, VA. She is a graduate of Rice University in Houston, Texas and received her M.Div. from Columbia Theological Seminary in Decatur, Georgia. She is a mother of three, an imperfect knitter, and an occasional ultramarathoner.

HOPE-FILLED LIVING

The world can feel overwhelming, and yet hope persists. Join with women from across our community for a weekend of rest, renewal, and shared discovery. Together we will explore hope both spiritually and practically: the sacred stories that shape our lives and the practices that can set us free for vibrant, hope-filled living. This retreat offers a chance to step away from daily demands, breathe deeply, and reconnect with God's gifts of strength and possibility. MaryAnn McKibben Dana, pastor, ministry coach, and author of *Hope: A User's Manual*, will guide our time with wisdom, warmth, and humor.

RETREAT SCHEDULE

5:00 - 8:00 pm Friday

Dinner, conversation, small group time and reflections on our retreat theme, Hope-Filled Living.

8:30 am - 5:00 pm Saturday

We will deepen our engagement with our retreat theme through scripture, journaling and small groups. There will be free time for gentle guided movement for your body, contemplative practices, walking the labyrinth or the grounds. We will close out our time together with worship and communion. Lunch provided.



MISSION PARTNER

thistlehills.org

Our mission partner for this year is Thistle Hills, which helps women who have been trafficked and addicted transform their lives. Thistle Hills provides a safe & supportive place to live, a meaningful job and a lifelong sisterhood of support. As an optional donation, we're collecting gift cards for Walmart, Target, Wawa and Giant in small \$25 or less denominations to support their ministry.